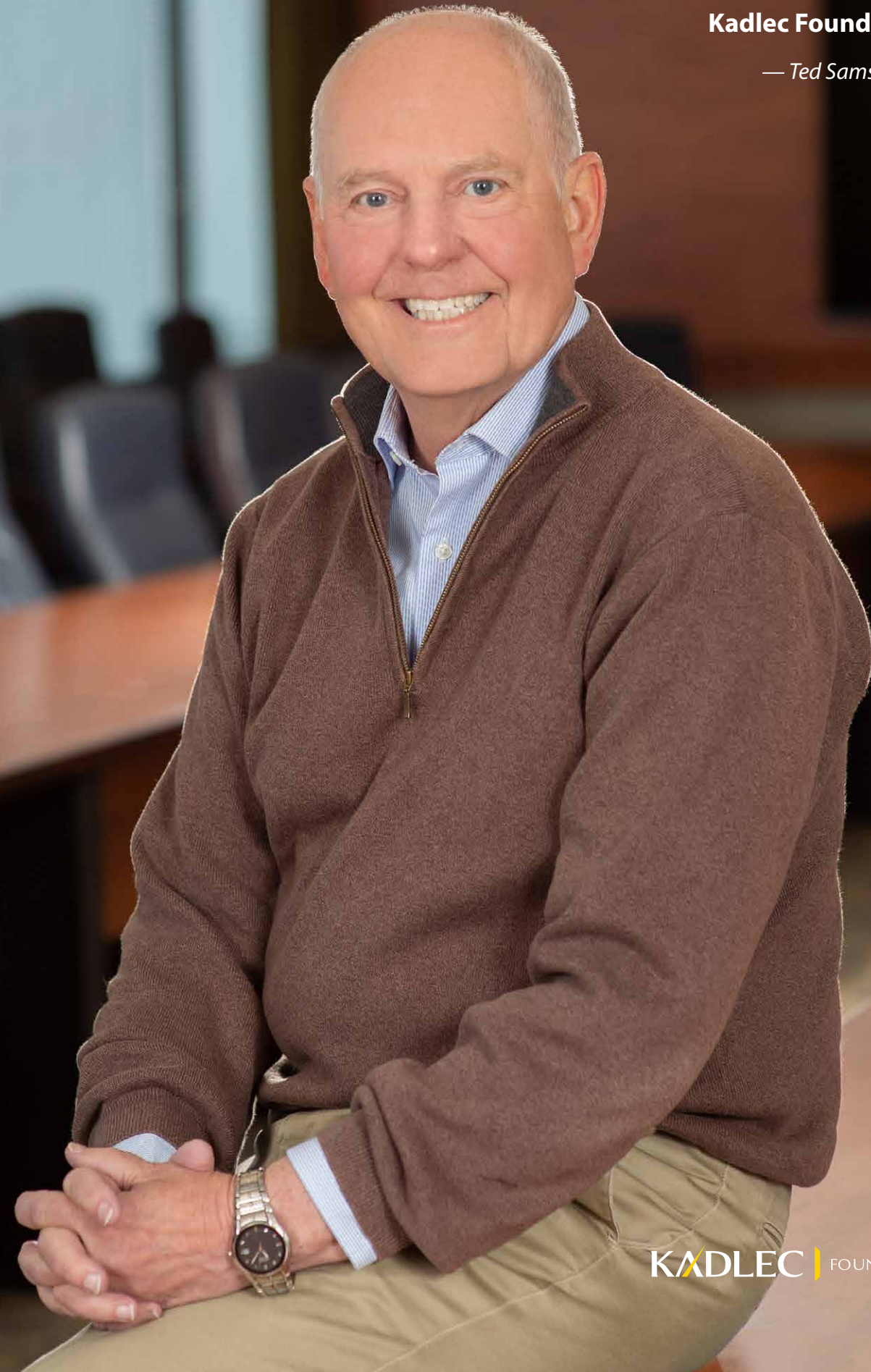


2018
**IMPACT
REPORT**
Changing Lives



**“Thank you for how you’ve
supported the work of
Kadlec Foundation.”**

— Ted Samsell, M.D.



KADLEC | FOUNDATION

Changing Lives together

“WE NEED EVERYONE’S HELP!”

Every day, the work of Kadlec Foundation is changing lives. Grants from the Foundation have made important medical equipment available, supported emerging health care professionals with scholarships, helped meet the needs of patients and families in crisis situations, provided health-related education for every age from students through our older citizens, and so much more. All thanks to your support.

But there is so much more to do. Kadlec Foundation has joined efforts across the country in recognizing the importance of work outside the walls of a hospital. This focus addresses community health, prevention and the cause of disease, rather than treatment once a person is sick. It’s a big shift and a sizable undertaking to work toward creating a healthier community by reducing suicide, reducing obesity, reducing Type II diabetes, to name a few areas, which in turn reduces hospitalization and emergency room visits.

At Kadlec Foundation, we want to take on big goals, to not just talk about improved community health, but work toward that end. We cannot do it alone; if our goal is to improve the health of our community, we must work together. We are intentionally partnering with other organizations with the same goals, and we want to continue to partner with you to make a lasting impact.

Thank you for how you’ve supported the work of Kadlec Foundation in the past; you will see a glimpse of our efforts in 2018 in this annual report. We could not do it without each of you.

We invite you to join with us into the future as we continue to work diligently to change lives within this community.



Changing Lives from day one

“WE HAVE MUCH LOVE AND GRATITUDE FOR THE ENTIRE NICU.”

Evelynn Grace Elizondo weighed just 1.6 pounds when she was born at Kadlec at 26 weeks gestation. During her first 3½ minutes of life, she received CPR. The lifesaving interventions continued for tiny Evelynn as she spent the next 99 days in Kadlec’s level III Neonatal Intensive Care Unit (NICU) surrounded by specialized equipment and a highly trained staff.

Foundation donors played a role in Evelynn’s recovery. The NICU was funded in part by Foundation donors. Foundation grants funded a Transcutaneous Monitoring system, which analyzed her blood gases and allowed immediate intervention as needed. She used the donor-funded Mamaroo system, an infant seat that mimics motions parents make when soothing their babies. When released, Evelynn received a SleepSack, provided through Foundation funding, which cuts down on the risk of SIDS for fragile newborns.

Now, 13 months later, Evelynn is nearly 17 pounds, 28 inches long, and hitting every milestone.

IN 2018 ALONE, YOUR GENEROSITY PROVIDED NICU AND PEDIATRIC GRANTS

Celebrations for oncology and IV therapy patients

Freddy Frog preemie positioners

MamaRoo natural motion seats

Milk warmers

SleepSacks to help prevent SIDS

Toys for hospitalized children during holidays and on birthdays

Transcutaneous blood oxygen monitoring system



Changing Lives within our community

“IF IT HAPPENED IN MY FAMILY, IT CAN HAPPEN IN YOURS.”

In 2015, Kimberly A. Starr lost her 16-year-old son Tom to suicide. “We knew about his anxiety, but not of the extent of its hold on him. We were completely in the dark regarding his depression. We thought his seriousness and reserve were personality changes in response to puberty and his maturation,” she said. “I was educated about the signs of suicide, but I still didn’t see them in him.”

Since her son’s death, Kimberly has become determined to tell Tom’s story, to help educate people about mental illness and suicide. Among her efforts is an ongoing partnership with Kadlec Neurological Resource Center to offer a Foundation-funded Community Health program focused on suicide awareness and prevention.

“We are changing lives through this training,” she said. “We are teaching people to recognize the signs and that it is okay to talk about mental illness and suicide.”

YOUR SUPPORT IMPACTS COMMUNITY HEALTH

Caregiver Conference

Kadlec Academy for elementary children

Kadlec Healthy Ages for age 50+

Northwest Autism Conference

Suicide awareness and prevention

Youth and adult mental health first aid and training

**“Tom lives on in others living on.
We don’t know how many lives
have been changed because we
have chosen to be transparent
about his life and death, but we
are grateful that this is his legacy.”**

—Kimberly A. Starr

**"It has made my life
easier and worth living."**

—Georgette Lovelady

Changing Lives by helping people heal

"I WILL ALWAYS BE GRATEFUL TO KADLEC FOR HELPING ME HEAL IN THIS DIFFICULT JOURNEY."

In 2013, Georgette Lovelady's life took a devastating turn. A serious stroke affected the right side of her body, causing weakness and impacting her speech. Her road to recovery would take time, patience and the help of others coming along beside her.

Six years later, Georgette continues speech therapy through Kadlec, thanks to the Foundation Good Samaritan Fund. She also attends the Kadlec Neurological Resource Center's Stroke Support Group.

"Without the help through ongoing speech therapy and the support group, my physical and mental health wouldn't have been possible," she said. "It has made my life easier and worth living."

For Georgette and hundreds of other Kadlec patients, critical help comes in many forms. It can be a gas card or a bus pass to ensure someone gets to an appointment. It can be a bassinet for a newborn child. It can be help with securing health care equipment. The Good Samaritan Fund makes a difference every day.

THE GOOD SAMARITAN FUND CHANGES PEOPLE'S LIVES

**In 2018, 119 Kadlec patients
received important assistance**

Overnight lodging
Gas vouchers

Bassinets
Speech therapy
Medical equipment

Bus passes
Rent and utilities



Changing Lives through education

“IT WAS A HUGE BLESSING TO RECEIVE THIS SCHOLARSHIP.”

Juggling school, work and family was a daunting challenge for Nathan Wallace as he pursued his RN-BSN. Having Kadlec Foundation come along beside him with scholarship assistance throughout his education played an important role in his success. “The scholarship allowed me to focus more of my efforts into school and work, and worry less about covering tuition,” he said. He now works in the Intensive Care Unit at Kadlec Regional Medical Center.

Kadlec Foundation has long recognized the importance of helping local students achieve their dreams of pursuing careers in the health care profession. Through the years, hundreds of students attending WSU Tri-Cities and CBC have received this important financial assistance, thanks in part to funds raised by the Foundation’s annual Golf Classic. Many of these students plan to live and work in the region, which also assists with recruitment and retention efforts to meet our community’s growing need for these professionals.

SINCE 2011, KADLEC FOUNDATION
HAS AWARDED OVER
\$400,000
IN SCHOLARSHIPS

53 health care scholarships awarded in 2018

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Kadlec Foundation is
a non-profit 501(c)3
organization committed
to supporting a
healthier region.

KADLEC | FOUNDATION

888 Swift Boulevard

Richland, WA 99352

IT STARTED WITH YOUR GENEROSITY

In 2018 Kadlec Foundation distributed over **\$750,000**
through grants and programs:

\$206,936

given to support
community health programs

412

underinsured women
received a no-cost
mammogram

21

schools participated
in Kadlec Academy to
keep kids healthier

119

patients received financial
assistance through the
Good Samaritan Fund

\$76,000

awarded in scholarships to 53 local
students pursuing health care careers

38

grants awarded to the Medical Center benefiting
patients in various departments including
pediatrics, cardiac, NICU and oncology

Healthy Ages
helped

2,595

older citizens,
including

556

through its
Medicare class

Thank you for changing lives with your investment
in Kadlec Foundation and this community. There is
much more to be done. **Learn how you can help, call**
us at (509) 942-2661 or at kadlec.org/foundation.